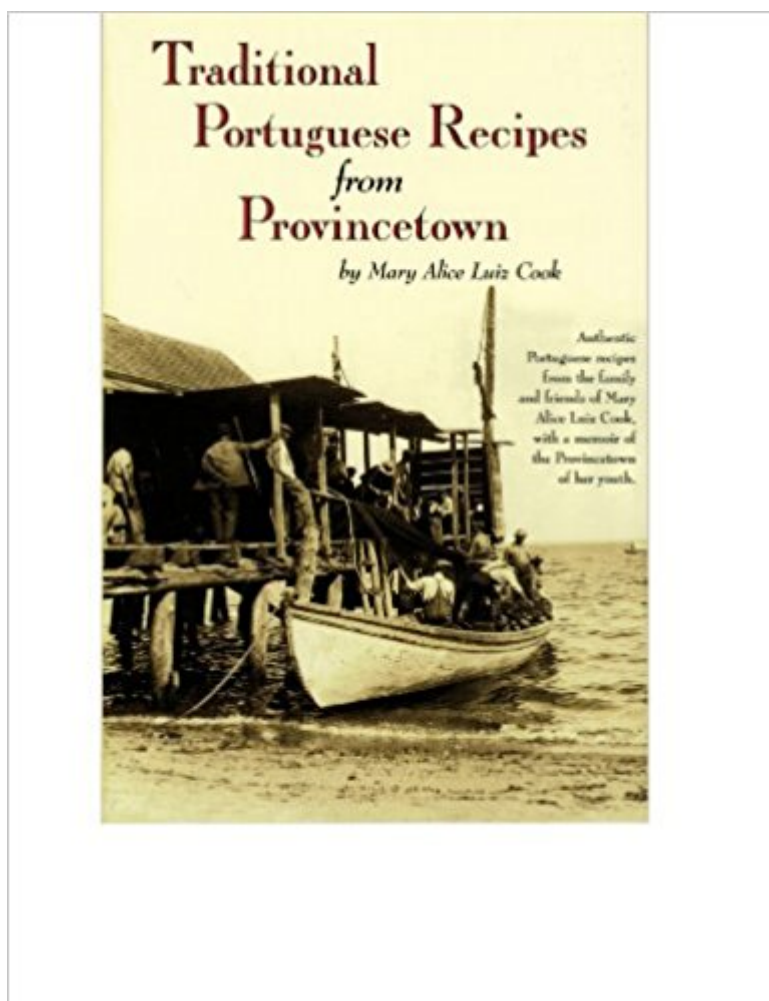


The book was found

Traditional Portuguese Recipes From Provincetown



Synopsis

Born in Alhao, Portugal, in 1914, Mary Alice Luiz Cook came to Provincetown with her family to join her fisherman father in 1915. In this delightful book, she shares more than 70 of her family recipes. The book also includes a personal memoir of her early years in Provincetown, and is illustrated with many historic photos, never before published, by George Elmer Browne, a painter living in Provincetown in the first half of the 20th century.

Book Information

Paperback: 96 pages

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Customer Reviews

No one from Provincetown's Portuguese community realized that as time went by many of the traditional recipes, most of which were handed down by word of mouth from mother to daughter, would be lost unless they were recorded. Fortunately, Alice Cook has compiled a book documenting the authentic Portuguese recipes from her family and friends. She is meticulous about the authenticity of the dishes as they were prepared in the old days, even though some may have been adapted to local ingredients. --The Provincetown Advocate, 1984, Grace Gouveia

Mary Alice Luiz Cook was born in Olhao, Portugal, in 1914, the daughter of a fisherman. She came to Provincetown in 1915 and grew up eating and speaking Portuguese. She learned to speak English at Provincetown High School and graduated in 1931. Her husband, Edward Cook, a Petty Officer in the Coast Guard, was stationed in Provincetown on the C.G. Cutter Harriet Land when they met; they were married in 1938. Until she died in 1993, Alice Cook lived in the family home on Alden Street, the house her father bought in 1925 and where her three children were born. Alice was well known in the local community for her culinary skills and her warm heart. She started writing

this recipe book and her memoirs of Provincetown in 1976 because her many friends were always requesting family recipes and asking her to tell stories about Provincetown in the "old days." We are fortunate that she left this record of her Portuguese heritage as her legacy to the town and to all those who knew her.

Mary Alice Cook was my mother's dearest friend. Although my mother was not Portuguese, these two lovely women would work together in the kitchen of our home. I always remembered that Mrs. Cook had tremendous patience. I lost this wonderful book, and then to come across it on . Mrs. Cook was precise in her organization for this book. Coming home to observe multiple note cards strewn across our kitchen table. Mrs. Cook was a loving and generous women. This special book will bring you such joy, even if you have never even tried Portuguese Food, The stories and photos will allow you to understand the love and devotion which existed in our wonderful community. Claudia Orfao-Martin

I gave this as a gift to an American family with Portuguese heritage, and they thoroughly enjoy it, including the narrative in the introduction. Good source of authentic recipes, also.

A1

Wonderful stories and recipes. A gift for my son and his wife who honeymooned in Portugal and enjoyed the cuisine.

I gave it 5 stars because the book arrived in almost perfect condition and the recipes inside got a huge thumbs up from my bf who is Portuguese from Provincetown. He said the recipes were just like the dishes his grandma used to make.

This is my grandmother and i grew up with these recipes staying with her in Provincetown and still cook them regularly. Truly tradional Portuguese meals.

Love the book, great seller to work with. Thanks.

This book has a little of everything. It's great for beginners and experienced cooks. It's wonderful to have for referance, and the recipes are easy to follow.

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